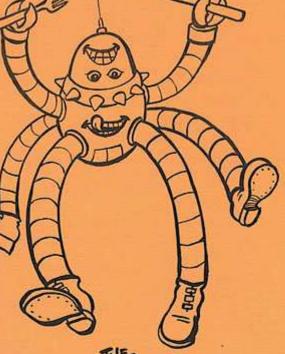
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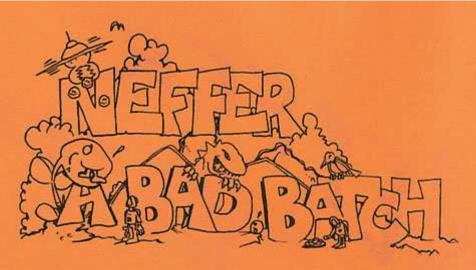
NEFFER CH NEFFBACH

DESCRIT AND
PARTY FOOD
RECIPES FROM
THE MEMBERS OF THE

HATIONAL FANTASY FAN FEDERATION



MULTI-MOUTHED MUNICHIE MONSTER



Please forgive any typos or spelling errors we have made. Care has been taken to proofread at least for mistakes that would ruin a recipe. All recipes in this volume have been submitted by the members of the N3F, but we, the editors, have not actually tested all of them, so results are not guaranteed. (In other words, don't blame us for any bad batches.) Some of these recipes have appeared previously in TIGHTBEAM, the letterzine of the N3F. If you would like more information on the National Fantasy Fan Federation, please write to the National Secretary, Lola Andrew; P.O.Box 713; Webster City, IA 50595. Have fun with the food!

Contributors:

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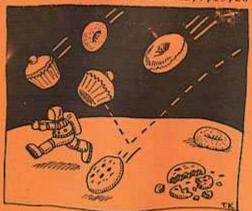


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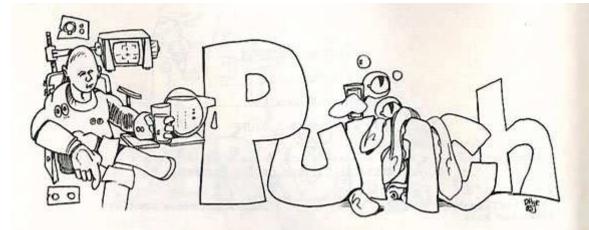
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MULLED CIDER - Awanda Carter-Sheahan

16 whole cloves 16 whole allspice 2 sticks cinnamon (cracked) orange peel (opt.)

Place all spices in one gallon apple cider (NOT juice.) Bring cider to a simmer, keep ther for half an hour to 45 minutes. Turn off heat, cover and let cider sit overnight. Later in the second day, strain the cider and put it in the fridge. May be gently reheated to serve hot, or can be served cold. It also works well to

GLOOG - Flint Mitchell

(first seen in the LOST IN SPACE EPISODE "His Majesty Smith")

1 bottle dry red wine (750ml) , Gallo "Hearty Burgendy" preferred 1/2 cup blackberry brandy 3/4 cup dark raisins (ground) 2-1/2 oz, blanched, ground almonds OR 1/2 tsp. almond extract

10 whole cloves 1 whole cinnamon stick

Heat two came of the win-

Heat two cups of the wine (do not boil.) Add raisins, almonds (or extract), cloves and the cinnamon stick. Cover and let set overnight.

Strain wine mixture, and add remaining wine and brandy. Throw away the cloves, raisins, etc. Bottle the mixture, and set in a cool dark place to age. When clear (about one month) siphon the clear mixture off, leaving residue on bottom. Rebottle, using a different bottle.

Serve slightly chilled.

Note: "Since STAR TREK fans have their Saurian Brandy, (A mixture of vodka, maple syrup and orange juice) I flet it only fair that LOST IN SPACE fans should have something similar. Unlike Saurian Brandy, however, GLOCG can be classified as a true Liqueur, rather than just a mixed drink."

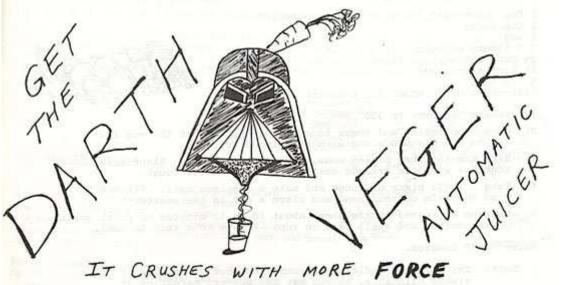


ROBINTON'S PUNCH

- Lucy Takeda

4 (6 oz) cans frozen concentrated lemonade 4 (6 oz) cans frozen pineapple juice 1-1/2 quarts water 2 quarts ginger ale, chilled 1 bottle (4/5 quart) dry chanpagne, chilled.

Mix all ingredients, beginning with frozen juices and adding champagne just before serving. Juices and water can be mixed and chilled in advance.



IT CRUSHES WITH MORE FORCE THAN ANY OTHER BRAND!

INSTANT RUSSIAN TEA MIX

- Amanda Carter-Sheahan

1/2 cup instant tea powder

2 cups Tang breakfast drink (orange)

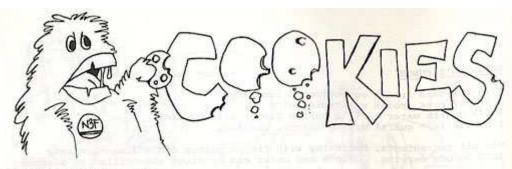
2 teaspoons cinnamon (ground)

2-1/2 cups sugar

2 packages lemonade mix (Wylers)

2 teaspoons cloves (ground)

Mix and store in airtight container until ready to use. Use 2-3 teaspoons per cup of hot water.



Chinese Almond Cookies

- Allyson M.W. Dyar

1 Cup Shortening (solid Crisco or butter)*

1 Cup Sugar

1 Egg

2 T Almond extract

25 Cups all-purpose flour

15 tsp baking soda

tsp salt

Blanched whole almonds (or peanuts)

- Preheat the oven to 350°.
- Cream shortening and sugar in a mixing bowl. Beat the egg and add to the mixture along with the almond extract.
- Sift together the baking soda, salt and the flour. Blend this together with the creamed mixture to make a stiff dough.
- Take a small piece of dough and make a one inch ball. Flatten it with the palm of your hand and place a nut in the center.
- Bake on a greased cookie sheet about 10 to 12 minutes or until golden on the bottom and still pale on top. Remove to a rack to cool.

dakes 24-30 cookies.

3 tablespoons cocoa

NOTE: The Chinese traditionally use lard, but the flavor is not always palatable, so you may use butter, margarine or vegetable shortening.

GUARANTEED FATTENING COCKIES

- Jean Lamb

4 cups of oatmeal 1/2 cup of peanut butter (crunchy) 1/2 cup water

granola (amount not specified) 1 stick butter or margarine 2 cups sugar

Put oatmeal, granola and peanut butter in bowl. Set aside. Melt down butter or margarine, water, sugar and cocoa. Bring to a boil for 1 minute(Longer if higher altitude.) Pour while still bubbling into bowl with oatmeal mixture and mix well. Sppon out ontowaxed paper (or aluminum foil) and let sit for half and hour or more. Eat. They are best when they can be put into the refrigerator overnight. NOTE: "Do not make when raining, foggy or otherwise excessively humid, or you will have the finest-tasting crumbs in America."

SHAMBLEAU'S OATMEAL-PECAN DELITES - Curtis Phillips

Curtis makes big batches of them for convention parties, and says, "they seem kinda popular." As one person said of the name, "So good, they'll suck your soul out."

3/4 cup Crisco Butter Flavor shortening

1 cup firmly packed brown sugar (Light Brown is the best)

1/2 cup granulated sugar 3 cups uncooked oats (Quaker Oatmeal)

1 egg 1/2 tsp. baking soda

1/4 cup HoO 15 cups of finely ground pecans

1 cup all-purpose flour

1 tsp. salt (or not if you're cutting down on salt)

Preheat oven to 350°F. Beat shortening, sugars, egg, water and vanilla together until creamy. Add combined remaining ingredients; mix well. Drop by spoonfuls (and use a big spoon) onto a lightly greased cookie sheet. Bake for 10-15 minutes - remove when cookie edges start to turn brown.

JOHN ANDERSON'S COOKIES

2-1/4 cups flour 2/3 cup shortening 2 teaspoons baking powder 1 cup sugar 1/4 teaspoon baking soda 2 eggs 3/4 teaspoon salt 1 teaspoon vanilla 1 cup bananas (about two medium-sized ones, good and brown) lots of chocolate chips

Mix all ingredients up thoroughly, and drop by teaspoonfuls onto baking sheet. Sprinkle with sugar and cinnamon, and bake at 400° for 12 minutes. Makes about

CEREAL COOKIES - Lucy Takeda

1 Cup shortening
1 cup white sugar
1 cup brown sugar
2 eggs
2 cups flour
1/2 teaspoon baking powder
2 cups corn flakes 2 cups corn flakes 1 cup coconut

Cream shortening and sugar. Add and blend in eggs, vanilla, salt, soda, baking powder and flour. Stir in oatmegl, coconut, corn flakes and nuts. Drop by spoonfuls and bake at 350 for 12-15 minutes.

RICE KRISPY PEANUT BUTTER BARS

- Lola Andrew

1 cup white sugar 1 cup shite syrup

1 cup peanut butter 6 cups Rice Krispies

Bring to a boil sugar, syrup. Take off the heat and stir in peanut butter. Pour mixture over cereal, stir and press into cake pan. (Use wax paper to press it down so you don't burn your fingers.)

GERMAN ANISE COOKIES - De Ghysel

2 eggs ly cups dark brown sugar (packed)
k tsp. salt tsp. baking soda dissolved in
2 cups + 2 tbsp. sifted all-purpose flour 1 tbsp. hot water
1 tbsp. whole anise seeds granulated sugar

Beat the eggs until very light, using an electric mixer set at a medium speed. Gradually add the sugar (any soft lumps will blend in); then continue beating for 15 minutes. The mixture should be very thick. Stir in the salt and dissolved baking soda. Add the flour and anise seeds; fold in until well blended. With lightly greased hands, form the soft mixture into small balls the size of hickory nuts (slightly less than 3/4-inch in diameter). As the balls are made, place them in a pie plate which contains a layer of sugar; then turn the balls to coat them evenly. Arrange the caoted balls 1½ inches apart on a greased cookie sheet to allow for spreading. Bake at 375° for 8-10 minutes. They will puff up during baking, then flatten and crackle when done. They will be soft when taken from the oven, but quickly firm up. These cookies become crisp when stored; their flavor improves with aging. Makes about 9 dozen.

AN3SPLACICHEN (GERMAN ANISE DROPS) - De Ghysel

A thin Bavarian cookie which forms its own crisp cap of frosting. A classic among traditional German Christmas cookies.

3 eggs 1 cup + 2 tbsp. sugar 1/2 tsp. salt

1 3/4 cups sifted all-purpose flour

tsp. baking powder 1 tsp. anise extract

Beat the eggs until fluffy (use an electric mixer at medium speed). Gradually beat in the sugar, then continue beating 20 minutes longer. Sift the flour with the baking powder and salt. Add to the egg mixture and continue beating for 3 minutes at low speed. Blend in the anise extract. Drop by teaspoonfuls onto a lightly greased and floured cookie sheet, spacing them about 2 inches apart. Swirl the batter with the back of the spoon to form cookies about 1½" in diameter. Let stand at room temperature overnight to set. Do not cover.

Bake in a 325° oven for about 10 minutes, or until creamy golden color on bottom. (Over-baking will make these cookies hard; the bottoms should be soft and cake-like.) Cool on racks and store in an airtight container. They will keep well for several weeks.

Makes about 7-8 dozen 1½" cookies.

COMMANDER DE'S DELECTABLE DELITES - De Ghysel

old fashioned anise - the perrenial Christmas Cookie for ROSTIRASA.

2 cups sugar 6 cups flour 1 cup shortening 2 eggs

k tsp. salt 3 or 4 drops of anise 1 cup milk 1 tsp. hartshorn

Cream sugar and shortening together until sugar is consistant with shortening. Add eggs and continue mixing for better consistency, then add in anise, salt, hartshorn (can be found in drugstore pharmacies; De uses this to revive victims that have fainted, so be careful when you sniff!) and continue stirring until ingredients are well mixed. Then add to mixture flour, adding the milk as needed. (Towards the end, you may have to use your hands to get it well mixed!) Best results are achieved when cooked if you first refrigerate for at least 3-4 hours; De refrigerates for about 8. Bake about 8-10 minutes at 350°,

RUM BALLS - Amanda Carter-Sheahan

1-1/2 pound box of vanilla wafers, crushed fine

2 teaspoons cocoa 1/2 cup light corn syrup 1 cup chopped nuts 3 teaspoons rum flavoring 3 teaspoons rum flavoring

Mix ingredients. Roll into balls and dip in confectioners sugar.



OLD FASHIONED CATMEAL COOKIES

- Sharon Hunter

Sift together in a large bowl:

2 cups pre-sifted flour 1 teaspoon salt 1 teaspoon baking soda 1-1/2 teaspoons cinnamon

Add:

2 cups quick oats 2 eggs (unbeaten) 1/2 cup brown sugar, firmly packed

1 cup shortening, softened 1/2 cup white sugar

Blend about 2 minutes. Scrape bowl while beating. Stop and add:

1 cup raisins or chopped dates 1/2 cup coconut (optional) 3/4 cup chopped nuts

Beat until blended. Drop by teaspoonfuls on cookie sheet. Bake at 375 for 12 minutes. Makes 4 dozen cookies.

FIRELIZARD DROPPINGS

2 cups chocolate chips dash of salt 1 teaspoon vanilla 1 cup chopped nuts

Lucy Takeda

4 egg whites 1 cup sugar

1 teaspoon vinegar



Melt chips. Beat egg whites with salt until foamy. Gradually add sugar; beat until stiff. Beat in vinegar and vanilla. Fold in chocolate and nuts. Drop onto cookie sheet. Bake at 350° for 10 minutes.

GYNGERBREDE - Amanda Carter-Sheahan

This rich recipe seems to be the distant ancestor of such modern German cookies as Lubkuchen and Pfeffernusse. A very rich, very spicey treat.

15 cups honey 3/4 cup brown sugar 4 tbsp. butter, melted 6-8 eggs

1 tsp. baking powder 4 cups sifted flour

1 cup raisins

5 cup choppen almonds

- Philip R. Calderone

3/4 cup sugar

3/4 cup flour

1 egg

1 tsp. cinnamon 1 tsp. nutmeg 4 tsp. cloves

Beat the eggs with the sugar, stir in the honey, add the butter. Sift the flour with the dry ingredients. Stir in, and add the nuts and raisins. Chill. Cut into desired shapes and bake until done at 350°, or bake in a 9" x 13" pan for 25-30 minutes. (The latter method makes the better cookie.)



PRAMC'S BROWNIE COOKIES

8 oz bittersweet chocolate 1/4 cup softened margarine

1/4 cup milk

1/2 teaspoon baking powder

Various other additives (one in a batch):

1/4 cup of chopped walnuts, raisins, M&M's, semi-sweet chocolate chips

Melt the chocolate slowly in a double boiler, being very careful not to burn. Add margarine and mix. In a separate bowl, mix the egg and sugar. Pour chocolate into sugar mixture and stir. Add milk, then flour and powder, and finally stir in any of optional ingredients. Place large teaspoonfuls of batter on a lightly greased cookie sheet, about 4 inches apart. Bake at 375 for 8-10 minutes. Makes about 20 cookies.

1. A good batch will have the same cracked top as a brownie.

Bittersweet chocolate must be used - Hershey's and Nestle's do not make the same quality cookie.

Where, you may wonder, did this cookbook ever get a strange name like "Neffer A Bad Batch"? Well, you may have noticed it was published by the National Fantasy Fan Federation, and since that group usually is known by the abbreviations NFFF or N3F, its members are known as 'Neffers'. And it is from this nickname, plus the original intent of this booklet to be just cookie recipes, that the name came into being.

"What," your next question might be, "is the N3F?" It is one of the oldest Science Fiction and Fantasy clubs still in existance. Founded in 1941, it was first inspired by fan Damon Knight, who declared that a national organization of fans was needed if the institution of SF Fandom was to survive. Damon went on to become a professional SF writer, and became a founder of the SF writer's group, the SFWA. But while the SFWA has taken on many aspects of a labor union in addition to being an exclusive fraternity, the N3F has remained a fun-filled and open club.

It is also one of the most diverse clubs in Fandom. The term Fantasy, in 1941, was still in use as a generic term that included both what is now known as Science Fiction and Fantasy. In 1941, Science Fiction was still vying with the term Scientifiction (which some old-timers still use, abbreviated as δt_0) as the name for that particular sub-genre of Fantasy. A contrast to these days when SF is often used as the generic to include Fantasy.

Besides SF&F, the N3F also holds interest for the more selective Fandoms of Comics, Movies, Computers, and other SF&F related areas.

Besides covering a wide field of interests, the N3F also tries to respond to a wide diversity of SF&F activities, through our bureau structure. Which bureaus are functioning, or even in existance, changes from time to time, but most are around for many years. The person new to fandom (a neo (an) may not even be aware of

all the potential activities that are available, so let's list and describe a few here.

Since the N3F is primarily a correspondence club, pen pals are a popular activity, matched up by interest through our Correspondence Bureau. But even before any new Neffer can sign up with that activity, they should recieve a letter (or two or several) from the WelCommittee, a group of club members who get advance notice of new members and their interests so they can welcome them into the club and help them feel at home right from the very start.

Writing letters is one type of writing, but many fans also are interested in writing the fiction that has brought us all together, and for these aspiring novelists of the future, the N3F also runs a Writer's Exchange, where story manuscripts are passed around and critiqued, so that the members can help to mutually improve their skill. There is also an annual Short Story Contest, with a cash prize to the top winners, and a critique by a professional writer who will judge all entries.

A third type of writing is nonfiction - articles and reviews. There is a tradition in Fandom of fan-produced, amateur magazines, called fanzines. Starlog, Locus, and their ilk are not fanzines, since they are professionally run and produced for profit. Panzines are strictly hobby recreations, often written, printed, and mailed all by a single person. But most also use articles and reviews by other fans, and to help feed their constant demand, the Manuscript Bureau tries to match up fan editors, or faneds in the jargon of Fandom, with non-fiction writers. There is no pay for such articles except a free copy of the finished 'zine, and the start of a reputation, and greatest of all, the ego-boosting satisfaction, or egobee, of seeing your name in print.

Fanzines make up such a large part of fannish activity that they are involved in several N3F bureaus. For those who just want to see a few of them, there is the New Fanzine Appreciation Society (New, because there was once an Old Fanzine Bureau that traded back-issues). The members of this activity have a pledge: "I want to recieve fanzines. Please send me your fanzine and I'll appreciate it. I promise to respond in some way, by sending a letter of comment, contribution, trade, or subscription." Most fanzines, since they are done as a hobby for egoboo, and not for profit, are available for either a nominal cover price or for the usual, a catch phrase which includes the three items listed in the pledge: a Letter of Comment (LoC), contribution of a written article or very short story (few fanzines go over 12-32 pages an issue), or a trade copy of another fanzine.

Once bitten by the fanzine bug, many fer (the collective term for fans) want to do their own. The N3F has a Fanzine Advisory Service to give some assistance to these new faneds, to help them avoid some of the more common errors of those just starting out on the hobby of fampubing. There are also a number of Amateur Publishers Associations (APAs) in fandom, in which each member does a personal fanzine, or perzine, on a regular basis, sends a set number (usually around 35) copies to a Central Mailer or Official Editor (CM or OE), and then the OE collates them all and sends a bundle to each member of the APA on a scheduled basis. Many APAzines consist of nothing except mailing comments (mcs) on the previous distribution bundle (disty). But for the person just starting out, they are an excellent way to get a taste of the hobby without having to worry about mailing lists or outside contributions. They are also less expensive, since postage is pooled by all the members, and APAzines are usually shorter than other sorts. The N3F runs its own APA for members, the Neffer Amateur Press Alliance, or N'APA (the apostrophe is

there to avoid confusion with the National Amateur Publishers Assoc., which dates back to the 1800s, and is devoted to printing as a hobby, and not SF&F). The N3F also tries to keep its members informed of other Apae in Fandom with openings for new members.

One of the truisms of Fandom is that Fandom is based on the Four Cs: Cons, Clubs, Corry, and Zines. (If that bit of Zen humor escapes you, don't worry. Fandom is like that.) Conny, short for correspondence, and zines we've already discussed. Cons, or conventions, and clubs are both areas of which the N3F tries to keep its members informed, through the Convention and Fan Clubs Bureaus. The N3F also tries to support special programs such as a Neofan's Room and N3F Room Party at each WorldCon and whenever else we can get enough members together. There has also been talk of an N3F Con for years, and Real Soon Now (RSN being a Fannish phrase meaning maybe someday, but ghod only knows when).

Other specialized fandoms also have their own bureaus. Comics, personal computers, videotapes, wargames and role-playing games all have bureaus that cater to their special interests. There is also an Audiotape Bureau, which covers the hobby of collecting cassette recordings of SF&F dramas (called OTR, for Old Time Radio, although many are still being produced today), collecting an Oral History of Fandom through taped interviews with authors and tapes of convention panels, and corresponding by voice on cassettes.

Cassettes are also used by the Filk Bureau, devoted to the unique brand of SF folk songs, rarely heard away from SF cons and bardic circles.

And cassettes are also vital to Blind Services, an activity that performs one of our most noble services by helping to expand the always too-small supply of material available for the blind on tape.

Saved until last is a description of one of our most important bureaus, the Round Robins. A Round Robin is a group of 4-8 people who are all interested in a common subject - author, movie, TV series, or story theme. A Round Robin is also the term for a packet of letters the group circulates on their chosen subject. The Robin will have a route list with the names and addresses of its members. When a member gets the packet of letters, he takes out his old letter, reads the whole bundle, writes a new one, and sends the Robin on to the next person on the route. Round and round it goes, getting more and more fun.

In a club the size of the N3F it is sometimes hard to find the people who are interested in the same things you are. The RRs help in that they are just small groups. One can quickly get best of all you know you have something in common to talk about or you wouldn't have joined that particular Robin. It has been said that RRs are fan clubs within a fan club, and this is very true.

Well, that's the N3F. Or most of it, since we haven't even covered the two fanzines put out by the club, or the Teaching Bureau, or Overseas, or Artist's Workshop, or several others. If these are enough to pique your interest, a membership application is included on the back side of this page. Just send it and \$8 in to the club Secretary, and we'll sign you up for a year of fannish fun.

And if you'd like to get in an RR right from the start, a list of them is below. Not all are currently going, to know everyone on the route list, and but new ones are always starting up!

Japanese Animation

King Arthur Legends

Media Zines & SF

Indiana Jones

Artificial Intelligence

Fuzzys by Piper & Others

Feminism & Female SF Writers

Douglas Adams Robert Adams Poul Anderson Piers Anthony Isaac Asimov Alfred Bester Michael Bishop Ray Bradbury M.Z.Bradley David Brin John Brunner E.R. Burroughs Jack Chalker C.J.Cherryh Arthur C.Clarke Glen Cook Samuel Delany Philip K.Dick Gordon Dickson Stephen Donaldson Lord Dunsany David Eddings Harlan Ellison P.J.Farmer Alan Dean Foster H.Rider Haggard J. &J. Haldeman Robert Heinlein Frank Herbert Stephen King Katherine Kurtz Tanith Lee Ursula LeGuin Justin Leiber C.S.Lewis

J.Lichtenberg Barry Longyear H.P.Lovecraft R.A. MacAvoy Barry Malzberg George R.R.Martin Anne M¢Caffrey Patricia M¢Killip Artists of SF&F Michael Moorcock John Myers Myers Larry Niven John Norman Andre Norton Edgar Pangborn H. Beam Piper Fredrick Pohl Spider Robinson Johanna Russ Fred Saberhagen Carl Sagan Robert Silverberg Clifford Simak Cordwainer Smith Clark Aston Smith Doc E.E. Smith Nancy Springer Mary Stewart J.R.R. Tolkien Jack Vance A.E. VonVogt John Varley Kurt Vonnegut Kate Wilhelm C.Quinn Yarbro Roger Zelazny

Occult & Magic in SF&F Rocky Horror Picture Show Spacecraft, Real & Fictional Alternate History Intersteller Empires Bladerunner British SF Children's SF Collecting Comic Books Computers Conan Costuming Current Reading Dinosaurs Doc Savage Dr. Who DungeonMastering ElfQuest E.T.Life & UFOS Fan Pubbing Fantasy Role-Playi Panzine Editing Feghoots & Puns Filmmaking Film SF&F 40s & 50s SF

Monty Python Music & SP&F New Wave SF New Writers Poetry Post-Doomsday SF The Prisoner Prozines Radio SP&F Religion & SF&F Road Warrior Sociological SF Space Exploration ng Star Trek Star Wars Stories Sword & Sorcery TV SF Telepathy in SF&F Harrison Ford Time Travel Game Designing Twilight Zone Hard SF Sherlock Holmes Vampires Horror SF Humorous SF&F

MATIONAL FANTASY	FAN FEDERATION	Comment To 1	
Membership /	Application	Current Interests:	
() New Member () Reinstatement () Current Member Name (please print)	() Joint Membership () Group Membership () Gift Membership	o Oral History o Radio Dramas o Voice Correrspondin	
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Occupation How long have you been interested in Science Ficti How long have you been involved in Fandom? What Clubs and Cons have you attended?	on? Single bit in	() Conventions o Attending o Huxtering o Running () Correspondence- U.S. () " - International () Editing/Publishing () Fan Clubs	
Which pro- and fan- zines do you read?	A SECULAR SECURAR SECULAR SECULAR SECULAR SECULAR SECULAR SECULAR SECULAR SECURAR SECURAR SECURAR SECURAR SECURAR SECURAR SECURAR SECURAR SECURAR SECURIAR SEC	o Local o Special Interest () Filksinging () Games	
What type of SF or Fantasy do you like?	MANUAL VALUE OF THE STATE OF TH	o Role-Playing o Wargames o () Pro-Space	
Who are your favorite SF or Fantasy authors?	THE RESIDENCE OF THE PARTY OF T	() Round Robins () Teaching SF () Videotapes () Writing o Fiction o Articles/Reviews	
Sponsoring member (if any) Which of the following would club with: corresponding() organizing activities(); to Signature	d you be willing to help the	()	
Dues are \$\$ per year, and in both the club's official zingle in the club's official zingle in the club's official zingle including one set of subscriptive in the clubing one set of subscriptive in the clubing of the clubing in the clubing includes one set of subscriptic includes one set of subscriptive includes one set of subscriptive in the clubing includes one set of subscriptive includes includes one set of subscriptive includes one set of subscriptive includes one set of subscriptive includes inclu	nclude subscriptions to Sites, TightBeam and TNFF. Coople at the same address, Ciptions, are \$12. Make Sites to: Lola Andrew; Sites to: L	you want to get involved. 30800000000000000 9099999999999999 99999999	

Brownies:

Sift together: 3/4 cup Pillsbury flour, 1/2 teaspoon baking powder and 1/2 teaspoon

salt (last two can be omitted if using self-rising flour)
1/2 cup shortening, adding 1 cup sugar and creaming well.

Cream: 1/2 cup shortening, adding 1 cup sugar and creaming well.

Add: 2 eggs, 2-1/2 squares (2-1/2 oz) melted, cooled baking chocolate, and

1 teaspoon vanilla.

Blend: Sifted dry ingredients with 1/2 cup chooped nuts.

Mix: Both mixtures thoroughly.

Pour into greased, floured 9x9x2 pan; bake at 350° for 25-30 minutes. Cool.

Frosting: Con

Combine 1-1/2 cups sifted confectioners sugar and 1/2 cup light cream (or evaporated milk) in saucepan. Cook over direct heat until a little syrup dropped in cold water forms a ball. (232°F) Remove from heat. Add 1 tablespoon butter and cook to lukewarm (110°F). Add 1/4 teaspoon peppermint flavoring and 1 drop green food coloring. Beat until thick and creamy. Frost cooled brownies. Spread 2 squares (2 oz) melted baking chocolate over frosting. Cut into bars or squares when thoroughly cool.

MOTHER'S NOTE: "It's easier just to make confectioner's sugar frosting. Use mint

flavoring and green coloring, then melt some chocolate chips and

spread on top of brownies."

Yield is 1-1/2 dozen bars.

BROWNIES -

- Carol Klees-Stark

4 oz (4 squares) unsweetened chocolate 1/4 pound (1 stick)unsalted butter 1-1/4 cups plus 3 tablespoons sugar

1 teaspoon vanilla extract 3 large eggs, lightly beaten 3/4 cup all-purpose flour

Preheat oven to 350°. Butter an eight-inch square pan. In a double boiler, melt chocolate with the butter over barely simmering water. Set aside to cool for five minutes. In a bowl, using an electric mixer, beat together the chocolate and sugar for 1-2 minutes, or until completely combined. Add vanilla and the lightly beaten eggs and mix only until combined. Add the flour and beat just until the mixture is totally blended and has a shiny, velvety look (1 minute or less.) Spead batter evenly into the prepared pan and bake 20-25 minutes, until a very thin crust forms on the top and a knife inserted in the center comes out clean, or with a moist crumb. Do not overbake. Cover

BUTTERSCOTCH BROWNIES - Katherine Duncan

4 tbsps. butter 5 cup all-purpose flour 1 cup dark brown sugar 1 tsp baking powder

l egg

Preheat oven to 350°. Line 8" baking pan with lightly buttered wax paper. Over low heat melt 4 tbsps butter in small saucepan and add brown sugar. Stir constantly until sugar dissolves, pour mixture into medium-sized mixing bowl. Cool until tepid. Beat in eggs and vanilla; when thoroughly incorporated, beat in flour, baking powder and salt, first sifted together. Gently fold in chopped walnuts and pour batter into baking pan. Bake 25 minutes until cake is firm and a small knife comes out clean. let cool for 10 minutes, cut into squares. Makes 16 brownies.



GALAXY SWIRL COOKIES

- Lucy Takeda

3 cups sugar frosted flake cereal

1 teaspoon soda

1 cup margarine or butter, softened

2 eggs

6 oz semi-sweet chocolate chips, melted

2 cups flour

1/2 teaspoon salt

1 cup sugar

1 teaspoon vanilla

Crush cereal to 1-1/2 cups; set aside. Sift together flour, soda and salt; set aside. Beat margarine and sugar until light and fluffy. Add eggs and vanilla; beat well. Add sifted dry ingredients; mix thoroughly. Fold in crushed cereal. Swirl melted chocolate through batter, leaving streaks. Drop on ungreased baking sheets. Bake at 350° for 12-15 minutes. Cool.

NO-COOK PEANUT BUTTER COOKIES - Mary Lou Lacefield

1 Cup peanut butter 1 cup Rice Crispies 1 cup powdered sugar 1 bag shredded coconut

Mix the first 3 ingredients together. Roll into little balls, and rolls these balls in shredded coconut. If the cookies start getting too dry, add a little milk. Caution: They WILL be messy, and you can expect to wash you hands several times while making them. They're worth it.

PFEFFERNUSSE - Amanda Carter-Sheahan

1-1/2 cups honey 1/4 cup shortening 1 egg

4 cups sifted flour

1 teaspoon salt

1 teaspoon baking soda

1 teaspoon baking powder

1 teaspoon ground nutmeg 1 teaspoon ground all-spice

3/4 teaspoon ground cardamen

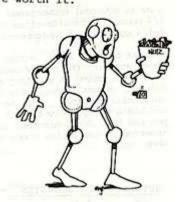
1/4 teaspoon pepper

1/4 teaspoon ground anise

Heat honey in saucepan large enough to mix entire dough. Add shortening. Cool. Beat in egg. Sift remaining ingredients together, gradually stirring into honey mixture. Reserve 35 minutes to stiffen. Shape into 1 inch balls. Bake on lightly greased baking sheet 13-15 minutes at 350°.

NOTE: " I got this recipe while in the SCA. It's a lovely recipe - makes lots of wholesome cookies. These are lovely for a con - thye keep for weeks, sometimes getting hard but never losing their flavor. In fact, they tend to be better a day or two after cooking."

Frost on all sides with icing made of 2 unbeaten egg whites, 1 tablespoon honey, 1/4 teaspoon cardamen, 2 cups confectioner's sugar and 1/2 teaspoon anise.

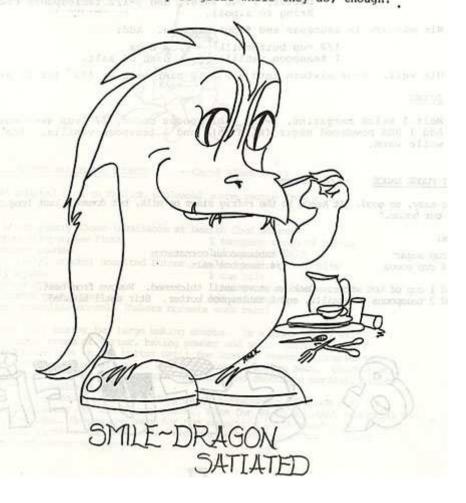


MARCHPANE CAKE - Amanda Carter-Sheahan

Another medieval recipe. Hint: where the recipe calls for cutting in the butter, our best results were obtained when we got fed up with the cutting and just plunged in and kneaded it by hand!

4 cups sifted flour 3 cups butter
13 cups white sugar 1 egg
3/4 tsp. salt 2 small packages chopped almonds sugar

sift together measured dry ingredients. Cut in butter as for a pie crust, add egg and flavorings, and mix together. Shape into small balls, roll in sugar and almond mixture, and flatten with the base of a glass on an ungreased cookie sheet. Bake at 350° for about 5 minutes, or until golden brown around the edges. Time will vary according to the size of the balls. Makes a tasty, crumbly cookie. Their one disadvantage is that they do not last very well--48 hours max. They're great while they do, though!





22 MINUTE CAKE - Phoebe Strother

THE COOK S SHOOT, BARE AT 150 OR SHOUL I RESULTED Mix in bowl: 2 cups flour 2 cups sugar 2 cups sugar

In saucepan, mix: 1/2 cup shortening or oil, 1 stick margarine or butter, 1 cup water, and 3-1/2 tablespoons cocoa. Bring to a boil.

Mix mixture in saucepan and flour mixture. Add:

1/2 cup buttermilk

2 eggs

1 teaspoon vanilla dash of salt.

Mix well. Pour mixture into a 9 x 13 pan; bake at 400° for 22 minutes.

ICING

Melt 1 stick margarine, 3-1/2 tablespoons cocoa, 1/3 cup sweetened milk. Add 1 BOX powdered sugar (sift in), and 1 teaspoon vanilla. Ice cake while warm.

HOT FUDGE SAUCE - Lola Andrew

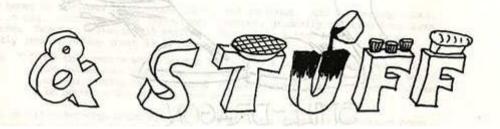
"So easy, so good. It keeps in the refrig since no milk, but doesn't last long at our house."

Mix:

1 cup sugar 1/4 cup cocoa

2 tablespoons cornstarch 1/4 teaspoon salt

Add 1 cup of hot water. Cook on stove until thickened. Remove from heat. Add 2 teaspoons of vanilla, and 1 tablespoon butter. Stir until blended.



THE NEXT BEST THING TO STAR TREK IV - Lucy Takeda

Bottom: 1 cup flour 1/2 cup butter, softened 1/2 cup chopped nuts

Middle: 1 (8 oz package) cream cheese 1 cup sugar

1 9 oz carton frozen whipped topping

Top: 1 large package instant vanilla pudding

1 large package instant chocolate pudding

3 cups cold milk

Mix ingredients until crumb-like. Press into greased 9 x 13 pan. Bottom:

Bake at 350° for 15-20 minutes, until lightly golden. Cool.

Middle: Beat cream cheesewith sugar until smooth. Fold in 1/2 of whipped

topping. Spread on crust.

Top: Beat milk with pudding mixes until smooth. Spread over cheese

mix. Top with remaining frozen topping. Cover and refrigerate

overnite.



ORANGE CHOCOLATE CHIP WHOLEMEAL SCONES

- Carol Klees-Stark

This recipe is adapted from an English wholemeal scone recipe from a tea shop in Bath.

2 cups whole wheat pastry flour (available at health food stores)

1 cup unbleached all-purpose flour 1 teaspoon cream of tartar

4 teaspoons baking powder 1/4 teaspoon salt

12 tablespoons (1-1/2 sticks) unsalted butter, chilled and cut into bits

1 egg, lightly beated

1 cup milk

1 teaspoon orange extract 1 teaspoon vanilla extract

1 tablespoon grated orange zest 1/4 cup sugar

1 cup semisweet chocolate morsels (Bakers morsels work best)

Preheat oven to 375°; butter two large baking sheets. In a large bowl, sift together the flours, cream of tartar, baking powder and salt. Using a pastry blender or two knives, cut in the butter until the mixture resembles coarse meal. In a small bowl, combine the egg, milk, extracts and the orange zest. Quickly stir the liquids into the dry ingredients. Add the sugar and chocolate morsels, mixing only to blend the ingredients together.
Using about 1/4 cup of dough per scone, drop large tablespoons of dough onto the

prepared sheets, allowing six scones per sheet. Bake for 20-25 minutes, reversing the sheets after 10 minutes. Reduce the heat for the remaining 10-15 minutes to 350°. The scones will be light on top and golden brown on the bottom. They are best

served with whipped butter or honey.

APPLE ROLL

2 cups Bisquick 2 Tablespoons sugar cinnamon sugar

- Lucy Takeda

2/3 cup milk 4-6 mashed apples water and sugar

Mix Bisquick, sugar and milk into pliable dough. Roll into large rectangle. Spread with butter. Cover with apples; sprinkle with cinnamon and more sugar. Roll up rectangle. Slice into 1-1/2" to cinnamon. Boil 2 cups water and 1 cup sugar to make syrup. Pour into 9 x 13 pan; top with slices. Bake at 350 until brown. plantal librar annu miswaposto mara de

CARAMEL CORN - Flint Mitchell - Flint Mitchell

1 cup sugar 2 tablespoons blackstrap molasses 1/4 cup dark com syrup 1/2 teaspoon salt

1/2 teaspoon vanilla 1/4 teaspoon baking soda

1 stick margarine (1/2 cup)

3-1/2 quarts (14 cups) popped popcorn

Boil first 5 ingredients together, stirring regularly. Add salt, vanilla and baking soda. NOTE: This mix likes to foam up a lot, so it would be wise to add these ingredients in a very large container. Put popped popcorn into a greased pan. Pour carmel miture over this, and mix well.

Bake at 250° for one hour, stirring the mix every 15 minutes. Remove from oven and put on absorbent paper to cool. When cool, separate kernels by hand. NOTE: "You can also add peanuts to this mix - I'd recommend 2 cups of unsalted "redskin" (Spanish) peanuts.

CHEESE CAKE SQUARES

5 tablespoons butter 1/3 cup brown sugar 1 cup sifted flour 1/4 cup ground walnuts 1/2 cup granulated sugar 8 ozs cream cheese 1 egg, well beaten 2 tablespoons milk 1 tablespoon lemon juice
1/2 teaspoon vanilla 1 teaspoon brandy (optional)



Cream together butter and brown sugar. Add flour and ground walnuts. Set aside one cup of this mixture for topping. Stir in brandy to remaining mixture, and press into 8x8x2 pan. Bake at 350 for 12-15 minutes or until light brown. Blend granulated sugar and cream cheese until smooth. Add egg, milk, lemon juice and vanilla; beat well. Spread over crust. Sprinkle with the reserved topping. Return to oven and bake 25 minutes. Cool; cut into squares.

RICOTTA PIE - Elaine Barbieri-Fitzpatrick

crust:

2 cups flour

5 tsp. salt

1 cup shortening OR 2 eggs

2 sticks margarine

Knead margarine into flour and salt until it melts; add eggs. Knead, adding water if necessary, until dough forms. Roll out onto pie pan. Reserve excess.

Filling: 3 cups ricotta cheese (take one cup out of a 3-pound

container and use the remainder)

2 tsp. orange peel

& cup flour 1 tsp. vanilla

2 tsp. lemon peel

4 eggs

1 cup sugar

dash of salt

Beat eggs until foamy; add sugar and mix. Add remaining ingredients to mixture and blend. Pour into pie crust. Top with lattice strips of leftover dough; egg whites can be brushed on the strips to make them shiny. Bake at 350° for 50-60 minutes, until crust is brown and cheese filling is sponge-like, but not dried out. Pie will puff up and then flatten out when cooled.

NOTE: This is a traditional Italian holiday pie. It is VERY important to use ricotta cheese and not a substitute, as the flavor of the pie will be substantially different with a different cheese.

NEVER FAIL PIE CRUST

- Cindy Franklin

3 cups flour

1-1/4 cups shortening 1 teaspoon salt

1 egg, well-beaten 5 tablespoons water 6

1 tablespoon vinegar

Cut shortening into flour and salt. Combine egg, vinegar and water. Pour liquid into flour mixture all at one time. Blend with a spoon just until all the flour is moistened. This is an easy crust to handle and can be re-rolled. Yield: 4 crusts.

SHAKER LEMON PIE

- Cindy Franklin

2 lemons

1-1/8 cups sugar

2 tablespoons flour

1/4 to 1/3 cup cold water 1 tablespoon butter

Soak lemons in hot water for 1/2 hour. Roll out crust for a 9-inch pie and place in pan. Mix the sugar and flour together and spread in crust. Grate the rind of the lemons down to the white and sprikle this over the sugar. Pour enough cold water over the sugar to saturate (DO NOT use more than 3/8 cup.) peel the white membrane off the lemons, then slice the lemons into 1/8-inch thick sections. Remove the seeds, then lay the slices on top of the sugar. dot the lemon slices with butter. Cover with a second crust. Bake at 350° for 30-35 minutes. These pies freeze well.

FINNISH COFFEE BREAD - "NISSU"

- Sally A. Sryjala

2 cups milk

1 cup sugar

1 teaspoon salt

1 stick butter or margarine

7 to 8 cups flour

2 packages dry yeast 1/2 cup lukewarm water

1 teaspoon sugar

1 to 2 teaspoons crushed cardamon

In a saucepan, heat the butter or margarine in the milk until it melts. Cool. Meanwhile, dissolve the yeast in the lukewarm water and sugar mixture. Lightly beat the 2 eggs and add the milk and yeast mixtures to them; add crushed cardamon. Add the flour. Knead the dough until it no longer sticks to your hands. (It could require the addition of a slight amount of flour.) Put into a covered container and let it rise for 1-1/2 hours.

After the rising has been completed, gently work the dough into rolls that may be braided. Let it rise braided in the pan covered for another 30-40 minutes. Bake at 350° for 25-30 minutes. This is great either as is or toasted with butter seeping through its glorious texture.

IRISH TRIFLE - Lucy Takeda

1 angel food cake 2/3 cups berries, with or without sugar chopped nuts Madiera or sherry whipped cream LARGE, DEEP BOWL

2 large packages vanilla pudding

Shred cake into bite-sized peices; drop pieces on bottom of bowl to cover. Drizzle liquor over the pieces. Make pudding according to directions. Layer over cake with berries and nuts, alternating layers until bowl is about 2/3 full. Top with whipped cream. Cover and chill overnight.

GRANDMA DUNCAN'S SHORTBREAD

Katharine Duncan

4 oz butter 3/4 cup (or 3 oz) flour 1/2 cup icing sugar 1/4 teaspoon salt 2 tablespoons cornflour

Cream butter and icing sugar well. Add sifted cornflour, flour and salt to creamed mixture. Knead mixture and form into a long loaf measuring two inches across and one inch in depth. Cover with waxed paper and place in refrigerator. When required, cut into 1/2 inch slices (or less). Place on cold, greased baking sheet. Bake in moderately low oven (325-350°) for 15 to 20 minutes. Makes two dozen.) for 15 to 20 minutes. Makes two dozen.

Topping A:

1 (8 oz) package cream cheese, softened 1 (16 oz) can whole kernel corn, well-drained

2 tablespoons taco seasoning mix

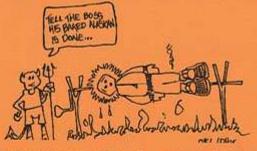
Topping B: 3 tablespoons chopped fresh cilantro

1/2 cup mayonnaise 1/2 teaspoon salt

1 dozen hard-boiled eggs, chopped

1 dozen 8-inch flour tortillas

Combine cream sheese, corn, and seasoning. Mix well. In another bowl, mix mayonnaise, salt and cilantro. Stir to blend. Add eggs and blend. Place 2 tortillas on plate. Spread with Topping A; put tortilla on top. Spread second tortilla with Topping B. Continue alternating spreads and tortillas, ending with a tortilla. Cover and chill overnite (or a minimum or 4 hours) before serving. Cut like pie to serve.
This recipe sounds a bit odd, but disappears every time Lucy serves it!



HONEYCOMB CAKE with PLUM CHEESE FILLING - Amanda Carter-Sheahan

CAKE: 5 cup sliced almonds

& cup butter

& cup honey 1 tbsp milk

4 eggs, separated 1 tbsp. lemon juice

3/4 cup brown sugar, packed 1 cup sifted whole wheat flour

Preheat oven to 300°. Beat egg yolks until pale yellow. Add lemon juice, sugar, and flour and fold into flour mixture. Turn into a greased 9" cake pan. Bake 40-45 minutes. Invert cake over wire rack and cool for 1 hour. Place on cookie sheet. Combine nuts, butter, honey and milk in a saucepan. Cook over low heat, stirring constantly, until bubbly. Spread on cake top and slip under broiler for 6-7 minutes or until mixture bubbles. Cool and let glaze harden. Split cake in half and fill with plum cheese filling. Replace top of cake.

FILLING: 3 sliced plums 8 oz. cream cheese (room temperature) 4 cup unsweetened orange juice

Combine sliced plums and orange juice in a small saucepan and bring to boil over low heat. Cook until plums are lightly poached - 3-4 minutes. Remove from heat and drain thoroughly. Cool. Beat cream cheese until fluffy and gently fold in plums.

This very rich cake serves 8-10, and is far less complicated to make than it sounds. It is nutty in flavor, rather than sweet, and has been popular even at mundane gatherings.



MOLDED ?

- Judy Wright

1 hero/heroine type 1 threatening situation

1 nasty monster/villian type Ample Kleenex

Mix above ingredients well; shred Kleenex and turn page. Hurt, laugh and cry through trials of (fill in blank). At the end, blend well and shape firmly, then sigh because the Real (whose definition?) World has returned.

